

Medicines Management Committee Meeting

BRIEF MINUTES: Wednesday 11 March 2020 2019 9.00 am - 11.00 am, Chestnut Room, Oak House

Present:

(CHAIR) Dr Sophie Holden (SH), GP – Market Surgery
 Dr Ravi Nallagounder (RN), GP - Greenside Surgery
 Stuart Lakin (SL) - Head of Medicines Management - NHS Rotherham CCG
 Govinder Bhogal – Deputy Head of Medicines Management - NHS Rotherham CCG
 Tara Ramakrishnan (TR) – Prescribing Advisor – NHS Rotherham CCG
 Emma Batten (EB) – Lead Infection Prevention Nurse – NHS Rotherham CCG
 Gwen Yale (GY) – Senior Medicines Management Technician – NHS Rotherham CCG
 Nazreen Hussain (NH) – PCN Pharmacist

In Attendance: Jessica France – Administration Officer, NHS Rotherham CCG

| Item No. | Item Description | Discussion | Action By |
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| 68/20 | Introductions | SH welcomed the group to the meeting. | |
| 69/20 | Apologies | Surinder Ahuja (SA) – Medicines Evaluation Pharmacist – TRFT | |
| 70/20 | Quorum Check Minimum of 3 members to include: 1 x GP, 2 x Medicines Management Team Members, one of which should be the Head of Medicines Management or deputy and one prescribing support pharmacist from the Medicines Management Team. | The meeting was quorate in line with the Quoracy Guidance within the Terms of Reference. | |
| 71/20 | Declarations of Interest | RNA noted his standing declaration as he is an appointed member of the Local Medicines Committee (LMC) and is a Primary Care Network (PCN) Director | |

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| 72/20 | Draft Minutes of the last meeting 26 February 2020 (for approval) and Matters Arising | <p>It was noted that RNa was not listed at present at the last meeting. ACTION: JF to correct the above for the ratified minutes.</p> <p>It was noted that the minutes recorded on 26 February were a true and accurate representation of what was discussed during the meeting.</p> | JF |
| 73/20 | Activity Log | <p>Item 15 – Hypnotics SL liaised with RS and has agreed to bring this item to MMC 25/03/2020. ACTION: RS to action the above.</p> <p>Item 16 – Deprescribing of Antibiotics SOP: It was noted that it has been difficult in accessing our local Microbiologist / Urologist to arrange meetings. SL will discuss with ICS regarding antimicrobial resistance. A discussion was had about whether data could be accessed as to which antibiotics are being prescribed e.g. rescue antibiotics for COPD or UTI. The team discussed having rescue antibiotics for COPD as a QIS indicator for the coming year. ACTION: SL to action the above.</p> <p>Item 17 – Antibiotic Toolkit: JF has contacted remaining practices and EB / SH will be attending Dinnington Practice on 11th March 2020. ACTION: JF to liaise with Treeton Practice to arrange final meeting.</p> <p>Item 18 - Hospital Admissions relating to Hydration in Care Homes: GW will lead her first meeting on 18th March at Oak House.</p> | SL JF |
| 74/20 | OptimiseRx | <p>GB informed MMC of the trial of OptimiseRx has taken place for 1 calendar month in 3 practices within Rotherham. GB provided MMC with a brief explanation of how the solution works, stating that OptimiseRx is built into SystemOne and EMIS. The current solution in-use, ScriptSwitch, offers alternative drugs to prescribe to patients. OptimiseRx offers combination reviews for drugs patients will be on, flagging up unnecessary drug prescribing in Rotherham. OptimiseRx has found to be a more efficient solution in comparison, and MMT plan to roll this out once it has been approved through all appropriate channels.</p> <p>The national ScriptSwitch acceptance rate averages at 15%, whereas Rotherham averages 60%. OptimiseRx also offers 50-60% acceptance based</p> | |

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| | | <p>on the trial data, however offers more information to the Clinician. Best Practice messages are appearing for Clinicians to review, an element that ScriptSwitch does not currently offer.</p> <p>It was noted by MMC that OptimiseRx is seen as the superior solution as it provides more information to the Clinician, meaning it is more beneficial for GP appointments.</p> <p>It was agreed that if there is no cost implication to switching solutions, then it will be appropriate to use OptimiseRx for the next year on a trial basis.</p> <p>ACTION: SL to contact Finance Department to implement change.</p> | SL |
| 75/20 | Dietician Cow's Milk Allergy Pathway | <p>SL presented the guidelines for Dietician Cow's Milk Allergy Pathway. It was noted that Dieticians reported a vast over-diagnosis for Cow's Milk. SL noted that this item is featured in the QIPP Plan 2020/21 as there is strong cost growth in special formulas for CMPA.</p> <p>The first appointment for the dieticians should be within a few days of referral. In a similar pathway in Derby, only 10% of babies were referred onwards to a Paediatrician for further input.</p> <p>GPs to screen for red flags prior to referral.</p> <p>It was felt that although the red flags were fully comprehensive, it was unnecessary for some of the red flags to be on the pathway form as they were unrelated to feeding complaints.</p> <p>A question was raised as to whether the dieticians have the capacity to see all GORD patients who need a prescription for Gaviscon.</p> <p>The plan is to launch the pathway in April 2020.</p> <p>ACTION: SH to modify the red flag section on the pathway prior to OE</p> | SH |

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| 76/20 | QIPP Plan 2020/21 | SL shared the QIPP 2020/21 plan with MMC. SL explained how different projects have been frontloaded, identifying which work streams will be quicker to deliver. SL also informed the group that the target for the QIPP Plan 2020/21 is £1,695,000. It was noted that QIPP Plan 2019/20 is not at target yet and currently stands at 75% on target. | |
| Standing Items | | | |
| 77/20 | Items for OE | QIPP Plan 2020/21 (v1 and v2) Triple Therapy SOP Rebate Policy – to follow from last meeting | |
| 78/20 | Safety warnings from the MRHA, manufacturers and NHS Improvement | Emerade adrenalin pen recall | |
| 79/20 | NICE | Asthma Update Variance noted between BTS & current NICE guidelines Leg Ulcers (NG152) – not to swab ulcers Impetigo | |
| 80/20 | Traffic Light Update | There was no discussion regarding this item. | |
| 81/20 | Horizon Scanning | There was no discussion regarding this item. | |
| 82/20 | NHSE Accountable Care System (ICS) – Impact | There was no discussion regarding this item. | |
| 83/20 | For Information: <ul style="list-style-type: none"> • Barnsley APC Minutes • Barnsley APC Memo • Doncaster & Bassetlaw APC • RDaSH Draft MMC Minutes • Sheffield rea Prescribing Group | No comments were noted regarding this item. | |

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| 84/20 | Feedback from RMOG | AF anticoagulant guidelines were approved and have been added to Top Tips. Sterimar Nasal Spray will be given as a one-off acute prescription from Secondary Care. This product can be bought Over The Counter (OTC). | |
| 85/20 | Items for RMOG, Items for Escalation or Additions to the Risk Register | There was no discussion regarding this item. | |
| 86/20 | Urgent Issues & Appropriate Escalation | There was no discussion regarding this item. | |
| 87/20 | Risks Raised | COVID-19 related antibiotic prescribing Due to the likely increase in remote consultations there is a risk that clinicians will increase their antibiotic prescribing. If clinicians are unable to examine patients in surgery there may be a possibility that they will err on the side of caution and give antibiotics when they may not otherwise have done so on a face-to-face encounter. | |

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| 88/20 | Any Other Business | <p>Triple Therapy SOP: TR presented the draft version of the Triple Therapy SOP to MMC. This involves switching patients to a single triple inhaler. This work stream has already been started by some PCN pharmacists. The SOP relates initially to Trelegy as this can be directly swapped with existing devices. Trimbow uses a different device which may require face to face reviews. Trimbow can be used with a spacer device. NH queried whether implementing this would be a bulk switch. TR noted that this would be decided by practices. There were no other comments or concerns regarding this item. ACTION: JF to embed the attachments into the minutes and SL to take this item to OE for information.</p> <p>Swabbing Poster Following discussion around NICE guidelines (NG152) on leg ulcers, it was agreed that a work stream to discuss swabbing of wounds with community nurses and care homes should be initiated. ACTION: GY / SL to meet to discuss this work stream.</p> <p>Anti-Microbial Stewardship meeting It was agreed by MMC that the Anti-Microbial Stewardship meeting minutes are to be forwarded to this meeting. ACTION: SH / TR to forward future meeting minutes when appropriate It was agreed by MMC that a sub-group is to be arranged for the De-prescribing of Antibiotics. ACTION: SL / TR / SH to arrange this and JF to set-up when appropriate.</p> | <p>JF / SL</p> <p>GY / SL</p> <p>SH / TR</p> <p>SL / TR / SH / JF</p> |
| 89/20 | Date of next meeting | <p>Date and time of next meeting: Wednesday 25 March 2020 from 9.00am – 11.00am in Larch Room, Oak House.</p> | |