

[PROFESSIONAL REFERRAL](https://secure.gethealthyuk.com/10/register/professionalreferral)

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# Information for professional referrers

## What is Get Healthy Rotherham?

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- Get Healthy Rotherham is a service that helps you by enhancing the support you already provide by helping your patients make changes for a healthier lifestyle. We know that changing lifestyle habit is not easy and Get Healthy Rotherham offers a range of services and support to help patients become healthier
- It is a single point of access for Rotherham residents over the age of 18 that provides support with making healthy lifestyle changes
- Only one referral to Get Healthy Rotherham is required to access a wide range of support and information
- Get Healthy Rotherham offers holistic support and follow up for residents who need support with multiple issues

- Get Healthy Rotherham provides lifestyle services directly, including stop smoking and NHS Health Checks, without any onward referral required

## How do I refer a patient to Get Healthy Rotherham?

- The quickest and easiest way to refer is by completing the short professional referral form [here](https://secure.gethealthyuk.com/10/Register/professionalreferral) (<https://secure.gethealthyuk.com/10/Register/professionalreferral>)
- Residents can also self-refer by **registering** (<https://secure.gethealthyuk.com/10/Register>) on this website or calling 01709 718720
- GP practices can complete a Get Healthy Rotherham referral form (available [here](https://drive.google.com/file/d/1aS_6mcII5bYNhOb3Uk8356cKIYBgOXIv/view?usp=sharing) ([https://drive.google.com/file/d/1aS\\_6mcII5bYNhOb3Uk8356cKIYBgOXIv/view?usp=sharing](https://drive.google.com/file/d/1aS_6mcII5bYNhOb3Uk8356cKIYBgOXIv/view?usp=sharing))) and email the form to [parkwood.gethealthyrotherham@nhs.net](mailto:parkwood.gethealthyrotherham@nhs.net) (<mailto:parkwood.livewellstaywell@nhs.net>)

## Referral tips

So that Get Healthy Rotherham can contact the person you have referred quickly, please:

- Indicate the most convenient time for contact when completing the referral form
- Indicate the reasons that the service may be able to benefit them

## How can I get more leaflets and referral information?

- To order leaflets and posters please contact: [parkwood.gethealthyrotherham@nhs.net](mailto:parkwood.gethealthyrotherham@nhs.net) (file:///C:/Users/Katie.Lupton/Downloads/info@parkwoodhealthcare.co.uk)
- For GPs, if you wish to download our referral form that can be uploaded to your clinical system, please click [here](https://drive.google.com/file/d/1aS_6mcII5bYNhOb3Uk8356cKIYBgOXIv/view?usp=sharing) ([https://drive.google.com/file/d/1aS\\_6mcII5bYNhOb3Uk8356cKIYBgOXIv/view?usp=sharing](https://drive.google.com/file/d/1aS_6mcII5bYNhOb3Uk8356cKIYBgOXIv/view?usp=sharing))
- To download our service leaflet that can be printed and issued to a client, please click [here](https://drive.google.com/file/d/1BTALoiqU0XcGd6hdu3Qu-8Gx0caoHGnF/view?usp=sharing) (<https://drive.google.com/file/d/1BTALoiqU0XcGd6hdu3Qu-8Gx0caoHGnF/view?usp=sharing>)

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## What can residents referred to Get Healthy Rotherham expect?

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- All residents referred will receive a phone call, usually within 48 hours or at a time of their choice
- If residents self-refer they can complete an online or phone assessment
- Those referred will be asked a series of questions to understand their lifestyle, what support they would like and what services they are eligible for
- Residents can then choose which services they would like to find out more about and request a referral or signpost
- Residents will be followed up over 12 months to find out how they are getting on and to offer additional support

- All Get Healthy Rotherham services are free. Some external services that Get Healthy Rotherham refer or signpost to may have a charge. The resident will be informed if there is a charge before they choose to be referred

## Who can access the service and what services could they access through Get Healthy Rotherham?

- The Get Healthy Rotherham single point of access is available to all Rotherham residents over the age of 18
- Some services are subject to eligibility criteria which will be checked by Get Healthy Rotherham
- Get Healthy Rotherham provides tailored support for each client's individual circumstances.
- Get Healthy Rotherham directly provides:
  - Digital lifestyle support for stop smoking, losing weight, getting more active, and drinking less alcohol
  - Phone or face to face support with stop smoking and weight management
  - NHS Health Checks

## Get Healthy Rotherham also refers and signposts to a wide range of external services including:

- Physical Activity services such as Rotherham Get Active
- Diabetes Management & Support programmes
- Digital online resources to support healthy lifestyle change
- Alcohol and drug reduction

The list of available services is always expanding, if you would like further details of the directory of Rotherham lifestyle services available via Get Healthy Rotherham, or if you wish to recommend a service for us to signpost to, please contact: [parkwood.gethealthyrotherham@nhs.net](mailto:parkwood.gethealthyrotherham@nhs.net)  
(file:///C:/Users/Katie.Lupton/Downloads/info@parkwoodhealthcare.co.uk)

## How can I feedback on the service?

- We appreciate all feedback, good or otherwise! Your feedback forms an important part of our continuous improvement of Get Healthy Rotherham.
- Please submit your feedback [here \(https://gethealthyrotherham.co.uk/Contact-Us\)](https://gethealthyrotherham.co.uk/Contact-Us)