Rotherham Therapeutic Team

The Rotherham Therapeutic Team supports the needs of the looked after and previously looked after young people – supporting carers to address trauma and emerging difficulties with relationships, emotions and behaviours.

What working well?

Increased funding across the three areas of the Therapeutic Team had created additional staffing and this has enabled greater levels of activity and increased numbers of interventions offered to young people. This has led to a reduction in waiting times for therapy from 18 to 6 months, and also for consultations from 16 to 2 weeks. Interventions include, training for carers and parents/guardians; consultations and network meetings to address the needs of the child/young person; and also an increased number of therapeutic intervention packages that have been delivered and commissioned with young people directly. In particular new services have been offered to families with Special Guardianship Orders (SGOs), 117 and 86 new referrals made over the first two years of the service. The adoption support fund (ASF) is being fully used to commission packages for eligible families.

Next Steps

- To retain staff if possible by diversifying funding arrangements and seeking opportunities to access funding to continue to offer services to the most vulnerable young people in the care and previously cared for communities.
- To offer a range of therapeutic interventions – drawing on different evidence bases and modalities – including group, dyadic, individual and family based work.
- To continue to develop effective, fast response consultation services – both with telephone advice, and formal whole system network meetings.

Outcomes and Outputs

Therapeutic work recorded on Liquid Logic for the Therapeutic Team from 01/04/2018 to 31/03/2019

Measure	Number of CYP
Number of Children	733
Number of Involvements – separate pieces of work	1159

This includes the new referrals received from 01/04/2018 to 31/03/2019 which are higher than the year before.

	Children in Care (LAC)	High Scoring SDQs (LAC)	Post Adoption Support (PAS)	SGO Support (SGO)	Total New Referrals
New referrals 2018/19	300	170	37	86	593
(New Referrals 2017/18)	(211)	(94)	(35)	(117 – new service)	(457)

(The number of children seen by role is higher than the 733 number of children seen by the team as some children are seen or worked with by more than one worker – sometimes over a period of time or where specialist therapy is requested from another worker following initial consultation and therapeutic intervention.)

Involvements by Role	Number of children	Number of Involvements
Post Adoption Support Co-ordinator	211	319
SGO Support Co-ordinator	122	154
Therapeutic Intervention Worker	415	524
Other staff in TT (clinical psychologists, therapists, trainees, students)	156	162

Ethnicity	Number of CYP
A1 - White British	521
A2 - White Irish	1
A3 - Any other White background	18
A5 - Gypsy / Roma	37
B1 - White and Black Caribbean	8
B2 - White and Black African	3
B3 - White and Asian	33
B4 - Any other mixed background	10
C2 - Pakistani	14
C4 - Any other Asian background	7
D3 - Any other Black background	3
E2 - Any other ethnic group	26
E3 - Refused	2
E4 - Information not yet obtained	16 + 34

Age	Number of CYP
0-4:	103
5-10	276
11-15	236
16-18	91
19 -25	27

Gender	Number of CYP
Female	353
Male	380

Training: Seven core courses delivered – 20 separate events delivered. (Estimated 404 attendees). Number of additional bespoke sessions delivered and commissioned.

Service evaluation work has also been completed considering before and after psychometric questionnaires – summarised in individual reports and also in looking at cohorts of children in groups or therapy.

Co-production/engagement/consultation with CYP and families

Co-production is led by the LAC Council and Little LAC, and the voice & influence work led by Lisa Du valle. In addition, service users are actively engaged to agreeing and creating bespoke packages of work, timings and models. Families are asked to complete feedback forms, and to engage in verbal feedback to enable fine tuning of services. For example support groups and picnics are offered to SGO and adoptive families in response to request and ideas.