

TOP TIPS- LEG ULCERATION - Dr M L Wood

CORRECT DIAGNOSIS ensures CORRECT REFERRAL and TREATMENT

How many causes of leg ulceration do you know?



Venous

Often varicose veins / previous DVT / oedema / good pulses / pigmentation

Refer to:
TV Nurse



Arterial

Often claudication / rest pain / multiple / diabetic? / feet / cold / no pulse

Refer to:
VASCULAR or
TV Nurse



Neuropathic

Often diabetic / pressure points / feet / painless / loss of sensation

Refer to:
TV Nurse or
PLASTICS



Neoplastic

BCC / SCC / MM / lymphoma / non-healing

Refer to:
DERM 2WW



Vasculitic

Uncommon / multiple / purpuric / necrotic / blistering

Refer to:
DERM urgent



Pyoderma Gangrenosum

Rare / expansive / any site / blue undermined edge / underlying IBD, RA etc / steroids help

Refer to:
DERM

Other causes: Secondary to cellulitis (post blistering erosion) / autoimmune blistering disease e.g Pemphigoid / Hydroxycarbamide

Any ulcer NOT healing by 6 weeks should be referred