Care closer to home steering group 2016

Bronchiolitis – pathway and assessment in primary and secondary care - revised Apr 2016

Suspected Bronchiolitis?

Snuffly nose Chesty cough Vomiting
Poor feeding Head bobbing Cyanosis

Pyrexia Inspiratory wheeze/crackles Increased respiratory effort

Consider differential diagnosis if temperature >39 °C or unusual features of illness. If signs and symptoms have been present for less than 3 days, the condition is likely to get worse

	GREEN	AMBER 1	AMBER 2	RED
	Low risk	Low moderate	High moderate	High risk
Behaviour Skin	□ Alert □ Responds normally to social cues □ Content/ smiles □ Normal cry	□ Lethargic □ Some response to social cues □ Wingey – not irritable	☐ Irritable ☐ Drowsy ☐ Poor response to social cues ☐ No smile	Appears ill to healthcare professional Unable to rouse Does not respond to social cues Weak, high pitched or distressed cry
	□ Normal colour skin, lips and tongue □ Normal turgor □ CRT <2 seconds	□ CRT 2-3 seconds	□ CRT > 3 seconds □ Reduced turgor/sunken eyes	□ Reduced skin turgour □ Pale/mottled/ashen □ CRT >3 seconds
Respiratory rate Normal mean respiratory rate: < 1y	 Normal rate and breathing pattern 	 Mild Tachypnoea (see normal values) 	□ Moderate Tachypnoea □ Increased work of breathing	 Severe Tachypnoea Severe respiratory distress Bradypnoea
O2 saturations in air	□ 95 % or above	94%	□ 93% or below	 92% or below or unrecordable Cyanosis
Recessions	□ None	□ Mild	□ Moderate	□ Severe
Nasal flare	□ Absent	□ Mild	□ Moderate	□ Severe
Grunting	□ Absent	□ Absent	□ Intermittent	□ Regular
Apnoea Feeding and hydration	□ Absent □ Normal skin	□ Absent □ Tolerating 50-	□ Absent □ Dry mucous	□ Present for 10-15 secs or shorter if accompanied by a sudden decrease in saturations/central cyanosis or bradycardia □ < 50% usual fluid intake
	eyes & mucous membranes Normal Urine output Tolerating 75% of fluids	75% fluid intake Mildly reduced urine output	membranes Tolerating < 50% of fluid intake over 3-4 feeds Moderately reduced urine output	over 2-3 feeds/12 hours Significantly reduced urine output Sunken fontanelle
Action	Self Care at home	Prior to referral to CAU, consider	Urgent referral to CAU	999 Ambulance transfer to A&E
Consider when referring Social circumstances Prematurity Pre-existing lung condition Known cardiac defect Neuromuscular deficiency Immunocompromis e	Provide appropriate and clear advice to parents to manage temperature and maintain hydration. Safety netting to look out for signs of deterioration	Second review (in primary care) and senior review (in A&E) Discuss with Paeds Registrar if required	Children on home oxygen must be assessed in CAU	Do NOT send to CAU Urgent assessment by Senior A&E and Paediatric teams

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Guidelines for use

This guidance is used across primary care, walk in centre and A&E with appropriate modification and should be used to communicate with colleagues across these settings

An overall impression should be made based on the criteria – use judgement when interpreting a single clinical sign eg capillary refill time

Guidance is to assist decision making and not replace common sense .Ask for Paediatric advice if you are concerned about a child

Please provide the family information re the condition at discharge

Maintenance fluid intake in children is as follows

< 10 kg 100 ml/kg

10-20 kg Add 50 ml /kg to 1000 mls

20-40 kg add 20 ml/kg to 1500 mls

Normal urine output

Infant 2ml/kg/h

Child 1 ml/kg/h

Normal physiological parameters by age

Age	Heart rate (bpm)	Resp rate (bpm)
< 1y	110-160	30-40
1-2 y	100-150	25-35
2-5 y	95-140	25-30