

GET WELL SOON

Without Antibiotics

Antibiotics are the main cause of super-bug infections such as Clostridium Difficile and MRSA.

So antibiotics must only be used when absolutely necessary!

All colds and flu are viral. Many coughs, ear-infections, sore throats, sinusitis & water infections (cystitis) are viral and do not need antibiotics.

If your doctor or nurse says that you do not need an antibiotic – this is good advice!

