Routine Reviews For Children
- Diagnosed in Primary Care and on Step 1 or 2 of BTS Management Plan
- Discharged from Secondary or Tertiary Care and Stable on Step 3 of BTS Management Plan or Step 3 + Montelukast

Good Control:
- Waking < One Night / Week
- Symptomatic < 3 x Weekly
- Using Reliever < 3 x Weekly
- No Limitation on Activity
- No Exacerbations

Assessment of Control
- Use of Asthma Control Test
- Relievers Prescribed
- School Attendance
- Course of Oral Steroids +/- Antibiotics
- Emergency GP Visits
- Attendance at ED / Out of Hours GP / Walk In Centre

Good Control
- Patient Education as Appropriate
  - Disease
  - Triggers
  - Adherence
  - Technique
  - Exacerbations
- Consider Stepping Down Treatment
- Asthma Management Plan
- Review 3 – 6 Monthly

Poor Control
- Patient Education
  - Inhaler Technique
  - Adherence
  - Triggers
- Where Appropriate Optimise Treatment at BTS Step 2
  - Device / Drug / Dose
- Asthma Management Plan
- Review in 4 Weeks

Stepping Down Treatment
- Symptom Free for 3 – 6 Months
- No Reliever Use Except Prior to Exercise or Sport
- At Step 3 – Consider Previous History
Stepping Up Treatment
- If Requiring Escalation to Step 3 or at Step 3 – Refer to Paediatric Asthma Nurse

Satisfactory
- Inhaler Technique
- Adherence
- Refer to Paediatric Asthma Nurse

Unsatisfactory
- Inhaler Technique
- Adherence
- Education + Review Consider Session with Paediatric Asthma Nurse