

**Medicines Management Committee Meeting**  
**BRIEF MINUTES: Wednesday 5 May 2021 9.00 am - 11.00 am via Zoom**

**Present:** Dr Sophie Holden (SH), GP – Market Surgery (Chair)  
 Stuart Lakin (SL) - Head of Medicines Management - NHS Rotherham CCG  
 Govinder Bhogal (GB) – Deputy Head of Medicines Management - NHS Rotherham CCG  
 Raz Saleem (RS) - Prescribing Advisor – NHS Rotherham CCG  
 Eloise Summerfield (ES) – Prescribing Advisor – NHS Rotherham CCG  
 Laura Fotherby (LF) – Prescribing Advisor – NHS Rotherham CCG  
 Tara Ramakrishnan (TR) - Prescribing Advisor – NHS Rotherham CCG  
 Nazreen Hussain (NH) – PCN Pharmacist  
 Surinder Ahuja (SA) - Medication Safety Officer/Lead Pharmacist Governance and Formulary - TRFT

**In Attendance:** Yvonne Nettleton (YN) Minute Taker – NHS Rotherham CCG

<b>Item No.</b>	<b>Item Description</b>	<b>Discussion</b>	<b>Action By</b>
<b>202/21</b>	<b>Introductions</b>	SH welcomed the group to the meeting.	
<b>203/21</b>	<b>Apologies</b>	Dr Ravi Nalliagounder (RNa), GP - Greenside Surgery, Gwen Yale (GY) - Senior Medicines Management Technician – NHS Rotherham CCG Emma Batten (EB) Infection Control Nurse, NHS Rotherham CCG.	
<b>204/21</b>	<b>Quorum Check</b> Minimum of 3 members to include: 1 x GP, 2 x Medicines Management Team Members, one of which should be the Head of Medicines Management or deputy and one prescribing support pharmacist from the Medicines Management Team.	The meeting was quorate in line with the Quoracy Guidance within the Terms of Reference.	

205/21	Declarations of Interest	None to be recorded.	
206/21	Draft Minutes of the last meeting 21 April 2021 (for approval) and Matters Arising	<p>SH requested that the Action Log be removed permanently from the agenda. <b>Action: YN to remove.</b></p> <p>The following updates were provided:</p> <p><b>181/21</b> Chloramphenicol Eye Drops - SL asked if there was any national guidance. ES advised that some guidance has been released from the Royal College of Ophthalmology which stated that there was negligible risk. SA also advised that information from RMOG was that there was no guidance to switch to an ointment or still prescribing the eye drops. <a href="https://www.rcophth.ac.uk/2021/04/safety-alert-boron-additives-in-chloramphenicol-drops/">https://www.rcophth.ac.uk/2021/04/safety-alert-boron-additives-in-chloramphenicol-drops/</a></p> <p><b>182/21</b> Amendment needs to be made to the action '<i>Need to establish whether local engagement has been undertaken with Rotherham clinicians at RDaSH and TRFT</i>'. SH requested that RDaSH be removed as engagement only needs to take place with TRFT. <b>Action: YN to remove from minutes of 21 April 2021.</b> SA advised that she will raise this at the next RMOG meeting. GB is also to contact Mr Hafiz.</p> <p><b>183/21</b> Emollient Guidelines - LF requested that this be deferred until June. <b>Action: YN to add to June agenda.</b></p> <p><b>184/21</b> GB advised that the Asthma Guidelines have been put before OE.</p> <p><b>187/21</b> Care Homes – Lateral flow test work is still ongoing.</p> <p>After the above amendment and updates the group agreed that the Minutes of previous meeting were approved as a true and accurate record.</p>	<p><b>YN</b></p> <p><b>YN</b></p> <p><b>YN</b></p>

207/21	Activity Log	Not reviewed and to be removed permanently from the agenda per instruction from SH Agenda Item: 206/21.	
208/21	Antidepressant Review Programme	<p>RS advised that the service went live last week within Woodstock Bower practice and he shared the content of the leaflet with the group.</p> <p>He advised that there have been 341 text messages sent to patients in April with 206 clicks (views) which equates to 61% conversion rate.</p> <p>Of the 206 clicks there were nine contacts (5%) made and of this eight consultations were held: -</p> <ul style="list-style-type: none"> <li>- four patients wishing to come off antidepressants</li> <li>- two patients wishing to reduce their dosage</li> <li>- one patient requested to speak to IAPT</li> <li>- one patient requested social prescribing support</li> <li>- one patient wished to discuss coming off the medication</li> </ul> <p>Patients have advised that they would not have come forward if it had not been for the message being sent out and all have said it was their choice to open the leaflet. RS is to send a reminder message which hopefully will create more contacts.</p> <p>The group was very encouraged with the outcome to date. RS advised he will visit Woodstock Bower to provide them with feedback on the programme.</p> <p>The cost of sending text messages is to be discussed at the Antidepressant Task and Finish group on 6 May 2021.</p> <p>Gordon Laidlaw is to include information around this on the CCG's Twitter feeds and RS advised that there is already a section around depression on Rotherhive.</p> <p>RS and NH are interviewing for a full time pharmacist to provide a joint</p>	

		service and feedback as to whether someone has been appointed will be given in a few weeks' time.	
209/21	QUIT Update	<p>TF advised that the QUIT programme (Smoking Cessation) Service Specification has been sent out to all community pharmacies with a deadline of 12 May 2021.</p> <p>To date 13 pharmacies have agreed to participate in the programme. SL felt that any pharmacy agreements to participate that are received need to be kept secure to ensure this can be cross-referenced to the payment information.</p> <p>SL advised that interviews are to take place in the next few weeks for a QUIT worker; once in post the programme should be able to go live in Rotherham in circa 6/8 weeks time.</p> <p>SL is to send out a further email to all Community Pharmacists to reiterate the programme to all.</p>	
210/21	Respiratory Guidelines	<p>TF advised that the Respiratory Guidelines are not yet ready.</p> <p>Once ready SL recommended that they be forwarded to OE for overview. <b>Action: SL to attach the Respiratory Guidelines to the MMC Minutes from 21 April 2021.</b></p> <p>Low carbon inhalers is to be put before the group again.</p>	<b>SL</b>
211/21	Diabetes Update	<p>SL advised that the Diabetes Update is making good progress and the go ahead has been given by OE to fund three diabetic dietitians to be based one across the PCN's. SL has collaborated with Shiree Kakarlapudi, the Chief Dietitian at TRFT, re creation of job descriptions. This suggestion has been well received by the LMC.</p> <p>SL advised that the dietitians, through the work they have done to date, have proven that through weight loss better results can be had than through any pharmacological intervention. SW/LB will be targeting this resource at newly diagnosed Type 2 diabetic patients.</p>	

		<p>Helen Wyatt in Patient &amp; Public Engagement is to be involved in the roll out of the programme. Penny Fisher/Rachel Wilkinson-Potter from TRFT are also enthusiastic about this.</p> <p>The potential use of Apps was also talked about – and the possibility of getting PCN pharmacists to be trained in this area.</p> <p>Attached is a presentation from the dieticians demonstrating the contribution they can make to improve diabetic management.  <b>**SL to send on presentation**</b></p>	
212/21	Items for OE	MMC Minutes from 21 April 2021 along with the Asthma Guidelines	
213/21	Care Homes	<p>SL/GB and Gwen Yale have met and agreed the way forward working with Care Homes – looking to provide different levels and services to standardize the offer with the aim of greater equity as they have become extremely over-reliant during the pandemic.</p> <p>Data is now available around savings re the number of interventions/waste that has been prevented and contacts made to prove work has been done and enable benchmarking.</p>	
214/21	eRD (Electronic Repeat Dispensing) Support Programme	None to be recorded.	

215/21	<b>Safety warnings from the MHRA, manufacturers and NHS Improvement</b>	Please see Item 225/21 - Drug Safety Update around Polyethylene glycol (PEG) laxatives and starch-based thickeners.	
216/21	<b>NICE</b>	None to record.	
217/21	<b>Traffic Light Update</b>	<p>GB wished to draw to the attention of the group information around Unlicensed Indications - re familiar and unfamiliar drugs the instructions re these are not clear and need to be removed.</p> <p>The inclusion of Triptorelin was also queried by ES – clarity is to be sought.</p>	
218/21	<b>Horizon Scanning</b>	None to record.	
219/21	<b>NHSE Accountable Care System (ICS) – Impact</b>	<p>SL is requesting GP practices to sign up to the Campaign to Reduce Opioid Prescribing (CROP) Audit he is to chase those who have not signed up this next week with a view to setting up a chronic pain clinic.</p> <p>GB is to work with Janet Sinclair-Pinder to identify what we currently have on offer at the moment with a view to improve on that.</p> <p>SL is to contact Wendy Allott and Louise Jones re any potential funding that may be available to take this suggestion forward, possibly working with the GP Federation pending closure of the CCG in April 2022.</p>	

220/21	<b>For Information:</b> <ol style="list-style-type: none"> <li>1. Barnsley APC Minutes</li> <li>2. Barnsley APC Memo – Memo &amp; Enclosure</li> <li>3. Doncaster &amp; Bassetlaw APC</li> <li>4. RDASH Draft MMC Minutes</li> <li>5. Sheffield Area Prescribing Group</li> </ol>	None to record.	
221/21	<b>Feedback from RMOG</b>	None to record.	
222/21	<b>Items for RMOG, Items for Escalation or Additions to the Risk Register</b>	Parkinsons Shared Care Protocol – GB advised that the email addresses of local TRFT clinicians are to be obtained to ensure there is no cross-over between Sheffield and Rotherham as we have our own clinicians that work differently.	
223/21	<b>Urgent Issues &amp; Appropriate Escalation</b>	None to record.	
224/21	<b>Risks Raised</b>	None to record.	
225/21	<b>Any Other Business</b>	<ul style="list-style-type: none"> <li>• SA wanted to make the group aware of a Drug Safety Update around Polyethylene glycol (PEG) laxatives and starch-based thickeners: potential interactive effect when mixed may counteract the thickening action, placing patients with dysphagia at a greater risk of aspiration.</li> </ul> <p>ES advised she will include this in the next Bitesize communication.</p> <p>SL requested that ES speak with Claire Denning in Dietetics and hopefully</p>	

		<p>she will then liaise with Abigail Starr in SALT.</p> <ul style="list-style-type: none"> <li>• Clozapine – SA advised that a draft SOP on ‘what to do when patients taking clozapine are admitted to hospital’ has been circulated for comments. SL and Raz provided their thoughts.</li> <li>• SA asked the group what the situation is around the use of Steroids. SL advised that TF is leading on this and there is a Press Quip Webinar later this month which she will attend and after this the final plans can be formulated.</li> <li>• ES advised she is to attend the next MOPC meeting re potential problems with diamorphine injections. She will feedback to the group accordingly.</li> <li>• SL advised that the PIS (Prescribing Incentive Scheme) was put before OE on 30 April and now needs to be moved onto the following groups - AQuA, Primary Care Committee, Governing Body, LMC Officers and SCE accordingly.</li> </ul>	
226/21	<b>Date of next meeting</b>	<p><b>Date and time of next meeting:</b> Wednesday 19 May 2021 from 9.00am – 11.00am via Zoom</p>	