



Title of Meeting:	Area Prescribing Committee Meeting	
Time:	1:00pm	
Date:	Wednesday, 21 January 2015	
Venue:	Wentworth Room, PGME Corridor, D level, RFT	
Reference:	AG/JAA	
Chairman:	Avanthi Gunasekera	

Present: Avanthi Gunasekera Commissioning Executive NHSR CCG (Chair)

Stephen Davies RDaSH Ian Cawthorne TRFT Stuart Lakin NHSR CCG

Ravi Nalliagounder GP Diana Mowbray TRFT

In Attendance: Dr Muthusamy Consultant, TRFT (part of meeting)

Minutes by: Julie Abbotts Project Officer, CCG

	Agenda Item and Action Points	<u>Action</u>	
14/87	Apologies: Christine Harrison, Dr Rob Verity, Surinder Ahuja		
14/88	Declarations of Interest Interest declared by Avanthi Gunasekera and Ravi Nalliagounder in anything that affects GP practices.		
14/89	Minutes from the Meeting held on Wednesday, 12 November 2014 Diana Mowbray had been omitted from the attendance list. Other than that the Minutes were accepted as a true record.		
14/90	Matters Arising		
	12/048 & 13/20 & 13/35 & 13/66 & 13/83 & 14/21 & 14/38 & 14/52 & 14/66 & 14/78 14/90 Memantine RDaSH stated that this will not be as much of an issue now Memantine is going to become a generic. SCP agreements — RDaSH are meeting with PCT/CCG commissioners to discuss SCP and the direction to take. RDaSH have provided the financial modelling relating to the number of patients for memantine up to November 2013. Committee queried if there is a need to revisit the clinical SCP for memantine or is it still applicable. It is agreed in principle that prescribing in accordance with NICE guidance will at some point in the future be transferred to primary care. Prescribing that is outside NICE guidance will be retained by RDASH SD has sent a baseline of Doncaster's shared Care to start the conversations. SD is liaising with the 3 consultants and recommends GPs liaise with SL. RDaSH still to comment on the proposals. JPa informed group of Dr Wright's presentation at March PLT. JPa gave an update from NHS Rotherham CCG MMC some pharmacies are experiencing difficulty with 3 monthly prescriptions from RDaSH. AH - RDaSH are aware of the 84 day prescriptions, these are being prescribed from a pragmatic point of view due to the frequency that patients are seen.		

Action - AH to discuss this with colleagues with regards to NOMADs, proposal would be to provide 3×1 monthly prescriptions for this purpose to prevent degrading of drug.

AH – informed committee of a recent RDaSH wide meeting on the use of memantine that RDaSH are awaiting revised pricing. NHS Rotherham CCG and RDaSH have an in principle verbal agreement that if prescribing is within NICE guidance then the CCG will be willing take over the prescribing in line with the SCP, any prescribing outside of NICE guidance will remain with RDaSH.

SL - Awaiting further information from RDaSH

All agreed that at present we are awaiting memantine to come off patent for cost reasons. It is agreed in principal that Primary Care will take over prescribing within NICE guidance criteria. SL informed committee that work is ongoing and he is due to discuss this with Jeremy Seymour. AG reported that SL is speaking to Jeremy Seymour. SCP has been reviewed at NHSR CCG MMC. Discussions ongoing regarding the finance.

SD reported a lot of work has been undertaken and a recent revised draft has been received for approval. There are 4 generic products available and the tariff is the same. Memantine may reduce and finance conversations are taking place.

SL/SD reported that discussions have been taken place outside the meeting and the SCP has been agreed and ratified at CCG MMC and Jerry Seymour is happy with the SCP and for the transfer of memantine prescribing back to primary care. SL will notify GPs via the GP Newsletter with the caveat from SD to review if other evidence / guidance comes to light. Committee agreed. This will be formally ratified at a later APC.

SD/SL no further feedback and transfer of patients has started. An email was issued to all GPs issued a while ago and no further comments have been received. SD informed committee that this item has been discussed at their Clinical Reference Group and memantine has been removed from prior approval. If GPs wish to co-prescribe or prescribe outside of NICE it would then require prior approval.

Task complete – remove from minutes.

SD asked that if there are any issues with Memantine then to make him aware so that he can resolve the issues.

AG questioned Denepozole & Mementine prescribing. SD stated that there should be no dual prescribing being transferred to primary care. If a patient is to be on two drugs then their care should continue with RDASH.

<u>Action</u> - AG to do a search on Donepezil & Mementine prescribing at Thurcroft practice as a starting point. AG to email her findings to SD to look into this.

<u>**Action**</u> – To be brought back to the next meeting on 12th November.

No update.

GP's called relevant consultants/nurses and they were not aware of it. As a result this was looked into and seven patients were found and these patients were sorted.

13/53 & 13/66 & 13/83 & 14/21 & 14/38 & 14/52 & 14/66 & 14/78 & 14/78 & 14/90

DMARDS Share Care Protocols and LES June 2013 - JPa from MMC

Data presented following ES work and update of contacts.

Mycophenolate now has a generic brand which will create savings if used. APC advice is that GPs be aware of what brand the patient is on.

Regarding Mycophenolate and Tacrolimus NHSR CCG will not be switching patients to alternative brands. The CCG has no preference what brand secondary care uses and is happy if patients are switched to alternative brands by secondary care clinicians, the CCG requires that on any communication the brand of Mycophenolate and Tacrolimus that the patient is taking is clearly identified.

Eloise Summerfield is still liaising with dermatology. Gastroenterology is complete.

JP to discuss further with Dr Muncaster regarding Roaccutane.

Gastroenterology SCP is complete. Judith Wilde is going through the traffic light system for SCPs. GPs have no appetite to take over the prescribing of Roaccutane

AG SD

JAA

SCP with Dermatology is being discussed. ES is following this up.

SL reported that Gastroenterology SCPs are in place and Dermatology SCP is outstanding.

Action - SA to take this forward with Dermatology and ES.

Work still ongoing

Action – JMu to add to items pending. Post meeting note: action complete

Eloise Summerfield had submitted Rheumatology Shared Care Protocols for approval. There had been no major changes to the protocols and they would be reviewed in 3 years. The protocols were approved by the Committee.

Item to be place on pending.

Dermatology are not going to undertake any SCP for DMARDS and are saying the patient numbers are too small and that they are happy to continue monitoring.

Covered as part of Agenda.

Remove from minutes.

13/50 & 13/66 & 14/21 & 14/38 & 14/52 & 14/66 & 14/78 & 14/90 Buprenorphine: -

- Buprenorphine detail aid
- Buprenorphine patch QIPP

TRFT confirmed they do use Buprenorphine patches. IC/SA/SL to circulate information to both organisations as a joint communication.

Action - SL to liaise with IC & SA

AC – not moved any further forward as yet SL-agreed

Buprenorphine prescribing for Rotherham is high. It was discussed that fentanyl tolerability is often an issue so buprenorphine is considered second line. It is also deemed as safer for some patients. Elderly Osteoarthritis patients are prescribed.

Action – Govinder Bhogal and Surinder Ahuja to analyse prescribing and look into this further.

Action - SA to liaise with Govinder Bhogal - SA action outstanding

SA is in receipt of the patient's names and is reviewing who initiated the treatment, work ongoing.

SA informed committee of an audit due to be undertaken. Following CD Lin feedback Hapoctosin release rate is 3 days and it is about raising awareness to clinicians that it does not have the same release time as Trans Tec which is 4 days despite being shown as a similar generic medication.

Action - APC to recommend a brand for use

Action - SL to liaise with Govinder Bhogal about the outstanding action item re brand of use and bring back to meeting on 17 September.

No updates – SL not present.

Item would be brought back to the meeting in January 2015.

Bring to March meeting.

13/85 & 14/21 & 14/38 & 14/52 & 14/66 & 14/78 & 14/90 Anticoagulation Therapy Record – (SA)

SA informed committee that Dr Barker requested this item for discussion. The dose is to be updated and the booklet will not be updated in time. Therefore, a printed copy will be provided in the interim

Action – SA to provide information to SL. SL to incorporate into the December Newsletter. CRMC – Discussions with Maxine Dennis, John Miles, Nicky Doherty, another laboratory person and anticoagulant nurse regarding patient's warfarin being monitored by hospital and then patient's moving into the community. The aim is to move patient's monitoring into practice however there is an issue which may be around TRFT using DAWN system and the community using INR Star.

Outcome of meeting agreed that CCG & TRFT for those patients' who are stable are to be treated

in the community and for patients who are not stable to be treated by TRFT.

SA committee that anticoagulation booklets will not be updated by TRFT during the system change. Tracey Taylor (anticoagulation nurse) has provided information for the GP newsletter. This will be a tear off slip with the dose. AG is meeting with Dr Taylor and there will be an anticoagulation meeting on the 22^{nd} April 2014 AG will be in attendance.

AG attended meeting with Dr Taylor and next meeting is scheduled for July. AG will discuss appropriate anticoagulation and numbers involved. Another piece of work is around transferring stable patients from TRFT to the community and the anticoagulation group will keep a note of inappropriate discharges. AG/SL and Rachel Garrison have undertaken a survey monkey to assess the INR provision within the community.

We have details of 2 inappropriate discharges from wards where the patients have been told to attend GP for warfarin therapy and no other communication from the TRFT has been issued to the GP.

Action – SL to provide the names to SA who will investigate. This detail will also be shared with Anticoagulation team. Post meeting note: Action complete

Tinzaparin and NOAC

AG has spoken to GP colleagues today who agree that patients on Tinzaparin cannot be transferred to primary care until the patient is stable on warfarin. i.e. One INR within therapeutic range.

SA confirmed that TRFT do supply the required quantity of Tinzaparin whilst they are being stabilised on warfarin and TRFT will continue to monitor.

AG confirmed that GPs are happy to take over the monitoring once 1 INR in therapeutic range. Action complete – remove from minutes – post meeting note – further information – leave on minutes.

Meeting with Dr Taylor had been cancelled, this had been rearranged for 15 August. There are six example cases which will be discussed at the meeting. Not all of these are from one ward. Patients on ward are told to go to GP but are not given any details re INR levels, dosage required etc. Anticoagulation Nurses attended a recent PLT event and showed GP's the grey form which is supposed to be given to patients on discharge and patients are asked to take the form to their GP. None of the GP's present had seen the form before. This will be discussed at the meeting on 15 August and AG/SL will report back to the next meeting.

Meeting went ahead regarding unsafe discharges. The next meeting is due to take place on 7^{th} November 2014. Dr Taylor is working on NOAC guidance. SL will feedback on this with a view to having a single guideline for both primary and secondary care.

Meeting will now take place on 28 November. Surinder confirmed that she was able to attend. Surinder said that regular meetings were taking place at the hospital.

Anticoagulation training dates have now been set up for 4 Dec and 11 Dec for Lead GPs and Practice Nurses. District Nurse training dates have yet to be identified. Due to the shortage of District Nurses there is uncertainty as to whether they have the capacity to undertake the training and deliver the service of 'household INRs'. The problems with the testing machines have now been resolved.

SL said he was working on a first draft of the NOAC guidance and this would need to be taken forward with GPs to seek their opinions.

GP practices are ready for the transfer of stable patients from secondary care. District Nurses are to perform housebound INR's but due to capacity issues the transfer of these patients has been postponed. At the moment District Nurses borrow the machines from GP practices and the machines are maintained by the CCG. We have recently purchased Co-ag machines for the District Nursing Teams at the hospital, however, there is an issue around the machines belonging to the CCG rather than the RFT. Medical Engineering at the TRFT would need to test the machines but they are unable to do this as the machines belong to the CCG, therefore, there is now a delay whilst this problem is resolved. This is disappointing considering the number of

	discussions which have taken place. SL/Rachel Garrison will talk to Dr Taylor at the next Anticoagulation meeting scheduled for 13 February 2015.	SL/RG
1	14/24 & 14/38 & 14/52 & 14/66 & 14/78 & 14/90	
1	Tramadol & Pregabalin – restrict initiation	
S F t	SL reported that the agreement is in place for Tramadol to be initiated for <u>short term use only.</u> Pregabalin / Gabapentin data is showing quite a few patients with a substance misuse code and the numbers are approaching the national average. SL to share this piece of work once the data is complete.	
F t s ii	AG informed the committee that communication to GPs relating to discharge of prisoners into primary care is not happening. SD was of the understanding that there was communication and that the prisons should be discharging back into RDaSH services as well as GP care. SD suggested that a summary care record may be the key, however they are aware of a few information sharing issues i.e. consent to share which would need to be addressed. Action – SL & SD to work on this in collaboration to resolve and reduce the numbers and increase	
E S r	Communication. Data will be shared prior to the next APC and will be discussed further at the next APC SL to share the piece of work that has recently been undertaken. Committee still need to be mindful of the rise in use litem yet to be actioned — keep on minutes.	
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C	AG has now got a date, 19 th November, to visit Doncaster prison. Mark Pickering from the prison agreed to show SL and AG around and look at the current issues. Action - Bring back to January meeting with updates on how the visit went.	JAA
	Pregabalin is now white on the traffic lights document. If a patient has a history of substance misuse then Pregabalin is not to be initiated in primary care.	
	AG/SL would be visiting Doncaster Prison on 19 th November and would report back to the lanuary meeting.	SL/AG
r c f v	SL/AG visited Doncaster Prison and had spoken to the a very helpful GP, Dr Mark Pickering (MP) who showed them an A4 sheet which is faxed to GP's to request information about patients — this is sent on prisoner's arrival at prison. They discussed having a similar sheet which could be used as a discharge summary to be faxed to the GPs when a person is released from prison. The GP didn't see any reason why this couldn't be done and agreed to work with us to develop the sheet. We also talked about a list of phone numbers which GP's can call for advice/information and he agreed to provide this.	
7	The GP agreed to come to a PLT event in July to do a workshop	
1	The visit was very worthwhile and it made us aware of communications with GP's.	
V	Pregabalin is mainly initiated in primary care and MMT are currently doing a piece of work/audit around this.	
	14/25 & 14/38 & 14/52 & 14/66 & 14/78 & 14/90	
	Buccal Midazolam	
t c	DM reported problems with patients coming in on different types of Buccolam and Midazolam as the doses and strengths are slightly different between the types of medication. TRFT have already switched the Children patients who have attended TRFT.	
s	SL is happy to switch children and adult patients. DM to provide information to SL to ensure the switches are correct.	
S	Action — DM to speak to David and feedback to SL. SA received a call from Lloyds advising that Dr Price has prescribed for someone older than 18 and none of the Buccalam or Epistatus products are licensed for Adults. SA to investigate if this is a one off or a frequent occurrence by the clinician.	

Action – SA to follow up with Dr Price and feedback Rest masting note: DM forwarded Russalam information and this will be disseminated with the	
Post meeting note: DM forwarded Buccalam information and this will be disseminated with the	
minutes	
SA had contacted Dr Price and is awaiting a response. SL agreed to liaise with Lisa Murray	
regarding tidying up the procedure.	
IAA kan an allad Diagrap kut na nagarana	
LM has emailed Dianne but no response as yet.	LM
Action - LM to chase.	
Item was discussed and it was agreed that LM would continue to lead this ongoing piece of work.	LM
Remove from Minutes.	
14/52 & 14/66 & 14/78 & 14/90	
Methylphenidate	
SD to send the Methylphenidate SCP to JMu.	
Action - JMu to add to agenda for ratification at next APC.	
This item would be brought to the September meeting.	
SD confirmed that he is happy with the document. This document is now approved in	SL
its current format.	J.
Action – SL to finalise the SCP	
Action SE to finance the Ser	SL
Remove from minutes.	3L
Remove nom minutes.	
14/47 914/52 9 14/56 9 14/79 9 14/00	
14/47 &14/52 & 14/66 & 14/78 & 14/90	
AOB 1 – Vitamin D and ADCAL D3	
<u>Vitamin D</u> - 400 units daily, if patient is taking calcium there is a risk of kidney stones. Guidance	
advises healthy start but these are not prescribed but are given by health visitors or sure start.	
ADCAL D3 one a day has renal implications in pregnant women. Incident where patient is	
dehydrated and vomiting. (SL suggests clinician seek advice if hyperemesis is an issue and	
consider a Vitamin D only supplement)	
Further investigation is required.	
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14/94	Tinzaparin Shared Care Protocol Draft	
	Anne Charlesworth from Public Health attended the MMC meeting. There is new NICE Guidance for Nalmefene which is a drug which reduces the desire for alcohol but only works if there is counselling in place. There are potentially a lot of patients in Rotherham who will want this drug. John Radford, Director of Public Health (but now retired) had felt that funding for Nalmefene sat with Public Health and had made provisions for this in the Public Health budget In Rotherham we are uniquely placed to offer Nalmefene in primary care due to the Alcohol LES and the community primary alcohol team. Doncaster has spoken to Public Health about secondary care use. MMC had made a decision to Traffic light RED until the pathway is ratified.	
14/93	Nalmefene for Reducing Alcohol Consuming in People with Alcohol Dependency	
	Shared Care Protocols have been developed over Rotherham, Sheffield, Doncaster, Barnsley and Bassetlaw. General principles had been developed and now need to be approved by the five areas. The group were happy with these but there was just one question – is the SCP between consultant and GP or Hospital and Surgery – what happens if a patient moves from one GP to another within same practice, or changes to another GP surgery does the SCP travel with them? SL agreed to clarify this. SL said that the SCP had been agreed for Sheffield Teaching Hospitals and after discussion the group were happy for them to be agreed for Rotherham.	SL
14/91	Principles of Shared Care Protocols	
	Rheumatology – protocols agreed. AGENDA ITEMS	
	Shared Care Protocols Gastroenterology – protocols agreed.	
	Action - SA will discuss with Dr Lord the new NICE guidance and the increased workload. After discussion it was agreed that IC would set-up a meeting in January with Dr Muthusamy and Rob Wilson. Dr Muthusamy was present for part of the meeting and was asked how he felt about starting patients on atorvastatin 40mg for secondary prevention and leaving it to the GPs to titrate up to 80mg if no adverse side effects. He felt the evidence for atorvastatin 80mg in secondary prevention is substantial and only a few patients actually suffer intolerant side- effects on that dose. He also felt that if patients were well educated on the benefits of the high dose statin at the start they are more likely to tolerate some minor side effects. The few patients that do experience side effects are likely to try a lower dose.	IC

	day of discharge. It had been decided that a 28 day supply would be a better way as this would give more time for allowing the discharge letter to get to GPs. Discussions occurred about costing implications and SL agreed to speak to Keely Firth, Finance, RCCG.	SL
	The District Nurse would be informed by the hospital team prior to the patients discharge.	
14/95	Interactions With Statins	
	SA had given her apologies so this item would be carried over to the next meeting.	
14/96	Traffic Lighted Drugs	
	Discussion occurred about Red Lighted Drugs and the costings attached and there was concern about the financial burden to TRFT. IC thought that we needed to question the source of funding for these drugs – some are in tariff and some can be £400-£500. There was concern that the TRFT is carrying an unfair financial burden. SL said that we needed to go through the Traffic Light System and review these. There are some drugs which we definitely don't want prescribing and there may be some we could look at. After discussion it was decided that this needs to be discussed with finance/contracting – SL to set-up meeting.	SL
14/97	Paediatric Prescribing Issues	31
	No updates.	
14/98	Traffic Light System	
	No updates	
14/99	Horizon Scanning	
	 September 2014 - local diabetic guidance has been updated – SL would send these to SA. October 2014 	SL
14/100	NICE Guidance	
	Nothing to update.	
14/101	For information	
	Committee reviewed the enclosures:- Barnsley APC Ratified Minutes – October 2014 Barnsley APC Memo – November 2014 Barnsley APC Memo – December 2014 Summary of Barnsley APC Report – November 2014 Doncaster & Bassetlaw APC Minutes – October 2014 Sheffield APG Minutes – no update	
	RDaSH MMC Minutes – no update Minutes of Drugs and Therapeutics Group – October 2014 ANY OTHER BUSINESS	
14/102	Degarelix Jan Farrell says she is putting a lot of patients on this drug. It's a metastatic for patients	

who have not had any castration. After discussion it was agreed that SL/IC would meet up to discuss this further and decide what rating this drug should be. SL would also contact SA to see where we are with it with regards to red lighting.	SL/IC
Date and Time of next Meeting: Wednesday 18 March 2015, 1.00 pm to 3.00 pm in the Cedar Room, Oak House – please note change of venue.	
Agenda Deadline: by close of play on Tuesday 3 March 2015	

Items Pending

Week last	Item last	Item to be brought back for	Last action
appeared	appeared	discussion when appropriate	
23/07/2014	14/52	DMARDS Share Care Protocols and LES June 2013 - JPa from MMC	Work ongoing
14/05/2014	14/38	Rotherham Heart Failure Prescribing Guidelines & Overview	Work ongoing
23/07/2014	14/52	Prucalopride & Linaclotide (SL)	Work ongoing
29/10/2014	14/66	SYB NOAC Policy	Work ongoing
12/11/2014	14/90	Prucalopride & Linaclotide (SL)	
12/11/2014	14/90	Blueteq	