

# NHS Rotherham Clinical Commissioning Governing Body

Operational Executive – 25<sup>th</sup> April, 2016

Strategic Clinical Executive – 11<sup>th</sup> May, 2016

GP Members Committee (GPMC) – June 2016

**Clinical Commissioning Group Governing Body - 1<sup>st</sup> June, 2016**

## Child and Adolescent Mental Health Services in Rotherham.

Lead Executive:	Ian Atkinson Rotherham CCG Deputy Chief Officer
Lead Officer:	Nigel Parkes
Lead GP:	Dr Richard Cullen

### Purpose:

This paper provides Governing Body with an update relating to Rotherham Child and Adolescent Mental Health Service (CAMHS) and specifically:

- The reconfiguration being undertaken by RDaSH CAMHS,
- The current performance of the service
- Key points from the Quarter 4 update of the Rotherham CAMHS Local Transformation Plan (LTP)
- Rotherham Community Eating Disorder pathway

### Background:

#### 1. CAMHS reconfiguration

The Governing Body is well aware of the RDaSH CAMHS service issues that have been apparent in recent times. Since April 2015, RDaSH has been reconfiguring the current CAMHS service. A new service delivery model was agreed in November 2015 and RDaSH CAMHS has been working since then to mobilise and implement the new structure.

The total establishment for the service 36.14 wte (not including medical staff). Significant recruitment has taken place over recent months to fill vacancies and to enhance the structure in line with the required service transformation, 4 new members of staff started in early April and a further 4 new staff will start in May and June, including the new CAMHS Operational Manager. Sickness absence levels have been high in the past, but as at the 12<sup>th</sup> May there were no practitioners on sick leave. 2.70 wte posts are still vacant (see below) and are being recruited to:

- 1 post in the CSE pathway,
- 1 post in the Development Disorder Pathway (ASD & ADHD), although this is being covered by an agency worker,
- 1 post in the Crisis/Intensive Community Support pathway.

To provide service continuity while substantive posts are established the service is currently employing 7.7 wte agency staff.

Progress is now being made in identifying and defining the role of CAMHS locality workers and they have been mapped to the new RMBC Early Help structure and GP localities.

The CCG hold an update meeting on a weekly basis with RDaSH CAMHS and the situation in respect of vacancies, recruitment and waiting lists is being closely monitored.

## **2. CAMHS Performance**

A recurring issue at the weekly update meetings with RDaSH CAMHS is the waiting time for new referrals to be assessed by the service. As at 17 May - total waits for assessment were 296 with 255 waiting over 3 weeks.

In terms of waiting times for treatment, as at 17 May - total waits for treatment were 450 with 185 waiting over 8 weeks.

Although recruitment has been positive, current access and waiting times into the service remain challenging and are an on-going concern. Efforts have been made to utilise other agencies such as Rotherham & Barnsley MIND to take some of the lower level referrals. Although new staff have started in post, RDaSH have continued to maintain agency staffing levels to support with waiting list reductions.

## **3. Quarter 4 assurance of the CAMHS Local Transformation Plan (LTP)**

The Q4 submission of the CAMHS LTP was made on the 28th April. It followed a similar format to the Q3 submission and included:-

- An update on general progress.
- Progress for each of the local priority schemes.
- A summary of the areas of most challenge.
- A finance & activity review.
- A review of partnerships.
- An update on Eating Disorders

The Q4 submission clearly relates to 2015/16 and shows that all of the allocation for that year was spent with expenditure in the following areas:-

RDaSH (Crisis, Liaison, CSE) - £78k

RMBC (ASD support, LAC, hard to reach groups) - £132k

Schools - £80k

Rotherham Parents Forum (Family Support Scheme) - £32k

Workforce development - £32k

Patient Engagement - £10

For 2016/17, the £564k allocated to the CAMHS LTP is split between RDaSH (£420k), RMBC (£54k), Rotherham Parents Forum (£70k) and Healthwatch (£20k).

An outline of the key issues and risks relating to the LTP is included in the section below.

## **4. Community Eating Disorder Pathway**

RCCG has continued to work in partnership with Doncaster CCG, North Lincolnshire and RDaSH to develop the new Community Eating Disorder Service for those aged up to 19 years. RDaSH has worked to realign staff in each of the CCG CAMHS areas to enable the delivery of a local Community Eating Disorder Service. Work has also commenced to recruit a specialist eating disorder team who will provide in-reach service to each of the local teams.

As part of this Community Eating Disorders provision RDaSH has issued a Service Level Agreement (SLA) to the South Yorkshire Eating Disorder Association (SYEDA - <http://www.syeda.org.uk/>). SYEDA has been commissioned to deliver evidence-based training and education sessions to professionals and children, young people, their families/carers and primary care across a range of community settings to raise awareness and sign post people to appropriate services. They will also deliver an in-reach service to provide guidance and advice to relevant workers across Rotherham.

The new service will run as a pilot and Doncaster CCG, on behalf of the CCGs, has undertaken procurement to commission an external evaluation of the service. The contract for this piece of work has been awarded to an organisation called the Public and Corporate Economic Consultants (PACEC).

## **Analysis of key issues and of risks**

### **1. CAMHS reconfiguration**

Key Issues:-

- The CAMHS reconfiguration is continuing and whilst most posts have been recruited to, it is taking time for new staff to be embedded in the organisation.
- The service is retaining agency workers so has more staff currently than the establishment.
- The structure will benefit significantly once the new Operational Manager is in post (31<sup>st</sup> May).

#### Measures to Mitigate the risk

- The CCG continues to meet weekly with RDaSH CAMHS to be updated on the structure & performance issues.
- Progress with the new Crisis/Intensive Community Support/Liaison service & SPA is being picked up through the LTP Action Plan.

### **2. CAMHS Performance**

Key Issues:-

- There is no real evidence yet that waiting times are significantly improving.

#### Measures to Mitigate the risk

- The CCG continues to meet weekly with RDaSH CAMHS to be updated on performance issues.
- RDaSH have developed an internal Action Plan to reduce the waiting list for assessments.

### **3. Quarter 4 assurance of the CAMHS Local Transformation Plan (LTP)**

Key Issues:-

- All of the 2015/16 extra funding allocation was spent – an element of funding was re-aligned to different priority areas.
- The Quarter 4 submission to NHS England highlighted the following:-
  - In general the LTP is on track.
  - There are challenges, particularly with RDaSH CAMHS, where staff recruitment has been required. This particularly affects the Crisis/Intensive Community Support Service and SPA.
  - A post Autism diagnosis support scheme has been scoped out and is being rolled

out, with particular emphasis on sensory integration.

- Six schools have signed up to a 'Whole school approach' relating to mental health issues in schools.
  - The Rotherham Parents Forum has successfully developed a family support scheme which has seen significant demand so far.
  - A number of mental health related training courses took place such as 'Assist' and 'Safetalk'.
  - The LAC team at RMBC has been supported with extra funding, which has enabled 66 specific cases to be supported.
  - An organisation was commissioned to investigate best practice for patient/family/carer engagement and presented findings at the CAMHS strategy & Partnership Group meeting on the 11<sup>th</sup> May. The recommendations will be taken forward by RDaSH as part of the Service Development & Improvement Plan for 2016/17.
  - There are some risks in Quarter 1 of 2016/17 around the new development areas for RDaSH in Crisis/Intensive Community Support and the SPA due to the ongoing reconfiguration and staff recruitment.
- Grant agreements have been developed with the Rotherham Parents Forum and Healthwatch to cover the 'Family Support Scheme' development and Children & Young Peoples Advocacy services respectively.

Measures to Mitigate the risk:

- The CAMHS LTP Action Plan is regularly updated (monthly) and all stakeholders are engaged in its delivery.

4. Community Eating Disorder Pathway

- The CCG received additional funding in 2015/16 for this development, but has so far not received confirmation as to when the 2016/17 NHS Funding will be received.
- There are challenges in recruiting specialist posts to work across the Rotherham, Doncaster and North Lincolnshire footprint. RDaSH have indicated that they are unlikely to have the specialist staff team in place until the beginning of August 2016.

Measures to Mitigate the risk:

- Discussions are ongoing with RDaSH regarding the progress with recruitment.

**Patient, Public and Stakeholder Involvement:**

**Development and implementation of the CAMHS Transformation Plan**

All stakeholders were involved in the development of the Local Transformation Plan (LTP) including; RDaSH, RMBC, TRFT, Schools, Colleges, voluntary sector, patients, parents/carers etc. Key stakeholders continue to be involved in the implementation of the LTP and it's progress is monitored through the quarterly CAMHS Strategy & Partnership Group. A representative of the Rotherham Youth Cabinet usually attends these meetings.

**Equality Impact:**

To be covered in the plan

**Financial Implications:**

In 2016-17 the CCG has continued to prioritise local investment in CAMHS provision. The CCG has also continued to invest further additional funding equivalent to the 2015-16 national CAMHS allocation, from CCG core allocation in 2016-17.

A large part of the additional recurrent funding for the CAMHS LTP is being invested in RDaSH and the CCG is having on-going discussions around how the allocation will improve services going forwards.

In 2016-16 additional funding has also been invested in an Eating Disorder service, which has been developed in conjunction with Doncaster CCG and North Lincolnshire CCG.

**Human Resource Implications:**

Will be in the detail of the plan.

**Procurement:**

There were no procurement implications relating to the LTP.

**Approval history:**

Operational Executive – 25<sup>th</sup> April, 2016

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**Recommendations:****Governing Body is asked to Note the position regarding:**

The RDaSH CAMHS reconfiguration.

RDaSH CAMHS Performance.

The Quarter 4 assurance of the CAMHS Local Transformation Plan (LTP).

The Community Eating Disorder Pathway

