

Operational Executive – 14 June 2019

Strategic Clinical Executive – 19 June 2019

Clinical Commissioning Group Governing Body – 3rd July 2019

CAMHS Local Transformation Plan Update – Quarter 4 2018/19

Lead Executive:	Ian Atkinson, Deputy Chief Officer
Lead Officer:	Beki McAlister, Senior Contract Manager (Mental Health and Learning Disabilities)
Lead GP:	Dr Jason Page, Strategic Clinical Executive GP for Children's Care

Purpose:

To provide an update to Operational Executive on the implementation of the Rotherham CAMHS Local Transformation Plan (LTP) for quarter 4 2018/19 (appendix 2).

Background:

The CAMHS LTP sets out how local services will invest resources to improve children and young people's mental health across the "whole system" in line with Future In Mind.

To date NHS England (NHSE) has required a quarterly update on the LTP and an annual refresh (in October). However it has been communicated that quarterly updates will not be required in 2019/20. Instead an assurance visit will take place to coincide with the October re-refresh. NHSE have expressed the wish to make the assurance process more "dynamic."

The feedback on the Q3 LTP update received from NHSE was disappointing as the panel reviewing the report were only able to be "*partially confident*" of progress. The same rating had been received for the Q1 update and the October refresh in 2018/19. Enquires with other neighbouring CCGs suggested that this is not uncommon and may partly be related to a change of appraisal criteria.

To understand the feedback better and to try and attain a "*fully assured*" rating a meeting was held with NHE colleagues on 03 May 2019. It was suggested that in addition to the feedback provided in the letter from 29 March 2019 (attached as appendix 1) more examples of children and young people's engagement and participation through case studies, quotes or pictures would help bring the document to life.

The feedback letter the NHSE panel on the Q4 update will be available at the end of June 2019. However the key headlines from the Panel have been shared with us as follows:

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- Comprehensive report complemented by evidence on impact and outcomes
- Clear to see the journey made to date with delivering the LTP
- Clear aims and ambitions of work set out with clear progress updates
- Open and transparent with challenges clearly identified for each work programme
- Excellent demonstration of effective partnership working with community and voluntary sector organisations
- Peer support network and perinatal developments progressing well
- Strong work and focus on vulnerable groups, positive to see emphasis on loneliness
- Effective engagement with Youth Cabinet and Healthwatch
- Positive to see the commitment of LTP funding to develop the workforce and the identification of workforce as a priority for 2019/20
- Good to see ongoing access to training and CWPs

Analysis of key issues and of risks

What's working well?

- Maintaining pace of the implementation of the CAMHS Trailblazer
- Developing a Sensory Support Pathway
- Emotional resilience pilot commenced with 2 primary schools
- Commissioning of mental health first aid training for all secondary schools
- Commissioning of a young carers pilot with Barnardos
- Development of a draft service specification for workforce mapping and gap identification for the children's workforce
- Community Eating Disorder Service 100% of appropriate referrals received NICE (2017) concordant treatment within 4 weeks, beating Access and Waiting Times (2015) target of 95%

What are our challenges?

- Rising waiting times for ASD/ADHD diagnosis
- Achieving the Children and Young People's Access Standard
- Ensuring the right workforce mix
- Transformation of Children and Young Peoples 24/7 Crisis Service in relation to national policy drivers

The key priorities for 2019/20 are:

- Review of the ASD/ADHD pathway which will include
 - a baseline position on waiting times
 - an action plan on ASD/ADHD diagnosis
 - an improvement trajectory
 - a review of LTP funded ASD family support/peer support services
- Expansion of the CYP Access Standard submissions by providers to non-NHS providers (including RMBC and VCFS) over 2019/20.
- Ensure successful delivery of the CAMHS Trailblazer pilot and evaluation to inform future commissioning intentions.
- Scoping and implementation of Workforce Development across Place and ICS.
- Transformation of Children and Young Peoples 24/7 Crisis Service in relation to national policy drivers.

Patient, Public and Stakeholder Involvement:

There are numerous examples within the update of Children and Young people's participation. It is worth highlighting the following:

- Members of the Youth Cabinet involved in deciding Trailblazer Schools through the expression of interest process
- Development of Children and Young People's focus groups to support the trailblazer implementation
- Engagement through the Youth Cabinet to review the My Mind Matters Website
- Commissioning (by RMBC public health) of the Young People's Consortium to better understand loneliness
- 2018 RMBC Children and Young People's Lifestyle Survey
- LTP funding supports a young Persons' Advocacy Service for mental health services from Healthwatch.
- Implementation of Young Inspectors recommendations at Community Eating Disorders Service

Equality Impact:

The LTP includes consideration of vulnerable groups and therefore an Equality Impact Assessment is not applicable in the context of this update report.

Financial Implications:

RCCG has met all funding requirements for CAMHS in line with national Guidance for 2018/19.

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Human Resource Implications:
Not applicable
Procurement Advice:
Not applicable
Data Protection Impact Assessment:
Not applicable
Approval history:
Recommendations:
Members are asked to note the report and progress made to date.
Paper is for Noting

Appendix 1 NHSE Q3 LTP feedback Letter



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29 March 2019

Dear Kate,

Children and Young People's Local Transformation Plan – Q3 Progress Update

Thank you for the submission of your Quarter 3 18/19 progress report for the Local Transformation Plan (LTP) for children and young people. The DCO Panel met on the 21 February 2019 to review the documentation.

Your report was well structured, with progress clearly identifiable. Your plans for Quarter 4 and workforce sustainability post Future in Mind were positively received along with your commitment to system wide partnership working. It was positive to note that your local transformation action plan had been robustly reviewed with partners to ensure better alignment with local plans and to enable shared strategic priorities across Rotherham.

The panel did not consider the report to be reflective, however, of all the positive work being undertaken across Rotherham on the Local Transformation Plan. It would, therefore, be helpful to further understand your aims and ambitions for each priority along with your level of confidence for timely delivery in your Quarter 4 report.

Consequently, based on the information provided, the panel were only able to be partially confident of your progress in delivering your Local Transformation Plan in Quarter 3. If it would be helpful to set up a call or a meeting to discuss this in more detail then please do let us know.

Promoting Resilience, Prevention and Early Intervention

It was helpful to see how your priorities were determined and reflective of local need and your plans to undertake a needs assessment of school based need in the future, as part of the Rotherham SEMH strategy. The panel noted your recent annual Lifestyle Survey and would welcome an overview of the key findings and impact.

It was positive to note your intentions to link your successful green paper trailblazer application with other areas of work established, such as your whole schools approach pilot and Early Health and Wellbeing Network. It would be helpful to continue to receive updates on your progress with the trailblazer along with any learning that could be shared with CCGs across Yorkshire and the Humber.

The panel were encouraged to receive an update on the development of the sub-regional perinatal mental health service, including recruitment to the team. Your report could have been further strengthened through greater detail on the work being undertaken at a Rotherham locality level to

improve perinatal mental health services and your support offer to women and their families. It would also be beneficial to understand the work of the Local Maternity System in future reports.

Improving Access to Effective Support

Your 'Young Inspector' review of the Rotherham Doncaster and South Humber NHS Trust eating disorders service was highly regarded by the panel and it was positive to note that the service had been assessed as young person friendly with a score of 9/10. The panel would be interested in receiving further details of the areas of improvements identified and the actions being progressed.

It was encouraging to see that your jointly funded clinical post had significantly improved communication and liaison between children and adult mental health services and was being considered as good practice across other locality teams. Your intentions to undertake a pilot project to support young people who do not move on to adult mental health services were also recognised and the panel would welcome further detail on the evaluation and outcome.

The positive work being undertaken to further improve and expand access to services was noted, including your CAMHS locality model and co-location within the SEND hub. Your priority for strengthening the interfaces between schools and CAMHS and the 0-19 service and CAMHS were acknowledged and the panel would appreciate further updates as this work progresses. The panel acknowledged that your compliance against the access standard remained challenging and noted your plans in place to improve data flow to the MHSDS. Continued updates would be welcomed.

The panel noted your intentions to phase out and replace your 'out of hours' on-call service with an all-age crisis service operating from 8am to 8pm and also recognised your delay in the development of intensive community support/crisis service monitoring information. It would be helpful to understand your progress and timescales for these services.

Care for the Most Vulnerable

During the review of your report the panel identified lots of positive work undertaken to improve the service offer for vulnerable groups, particularly Autism and Child Sexual Exploitation. Your 'Teen Life' and 'Stovewood' Project continued to be highly regarded, along with your 'CAMHS School Worker' post to support those at risk of exclusion. It would be beneficial to outline your wider service offer for vulnerable groups i.e. youth offending and LGBTQ in future updates.

It was encouraging to read that Looked After Children are prioritised for treatment with ringfenced funding to support access to CAMHS services when placed outside of Rotherham. The panel were also pleased to see that there had been a reduction in Tier 4 admissions from previous quarters.

Your intentions to thoroughly review the ADHD/ASD pathway with Healthwatch, CAMHS and the Parent Carer Forum was highly regarded by the panel along with the peer support provided to parents/carers with children and young people with special educational needs or ASD traits. It was positive to see that you had undertaken a survey of parent/carer preferences for post diagnostic support and it would be helpful to understand the next steps associated. Further detail on the sensory support pathway would also be welcomed once approved and embedded.

Accountability and Transparency

Your report evidenced clear governance and accountability, with your openness and transparency demonstrated through your annual update to Rotherham Council's Health Select Commission.

Your strong 'Youth Cabinet' voice was recognised by the panel and it was encouraging to read of their involvement in mental health campaigns and the trailblazer school selection process. It would have strengthened your report to include examples of specific engagement and co-production and further evidence of the impact and outcomes of your work using feedback, case studies and evaluations.

Your report highlighted your key issues and risks and helpfully identified where further work was required. The panel noted that project management capacity continued to remain a challenge and it would be helpful to receive an update on progress as this has been ongoing for some time. It would also be beneficial for you to outline your planned and actual spend in future reports, along with detailed narrative on any slippages.

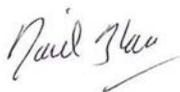
Developing the Workforce

It was encouraging to read of your collaborative review of workforce across South Yorkshire and Bassetlaw, including consideration of staffing, skill mix and demand, up to and post 2020, and the development of a strategy and supporting action plan. Your plans to implement Mental Health First Aid training from Spring 2019 were also recognised, along with your plans to ensure a coherent and consistent training offer across Rotherham. The panel acknowledged your involvement in CYP IAPT training and would welcome an update on your future intentions.

We hope this feedback is helpful. If you have any queries or require any support then please do not hesitate to get in touch.

Thank you for all your continuing hard work with Children and Young People's Mental Health.

Yours sincerely

A handwritten signature in black ink, appearing to read 'David Black', with a horizontal line underneath.

Dr David Black

Medical Director (joint)

NHS England Yorkshire and Humber and Deputy National Clinical Director Specialised Commissioning

