

## Antiplatelet treatment for secondary prevention of CVD summary sheet

Antiplatelets should not be prescribed routinely for the primary prevention of cardiovascular disease, however, they may be considered in people at high risk of stroke or myocardial infarction. Consider the use of low dose PPI (e.g. Lansoprazole 15mg OD) where appropriate.

### **Angina**

**Aspirin** 75mg OD

(**Clopidogrel** 75 mg OD if unable to take aspirin)

### **Atrial Fibrillation (AF) where anticoagulants are not an option**

**Aspirin** 75 mg OD + **Clopidogrel** 75 mg OD

This may be suitable for people who are unable or unwilling to take anticoagulants. Seek specialist advice as required.

### **Acute Coronary Syndrome (ACS)**

- **ACS - medically managed**

**Aspirin** 75 mg OD + **Ticagrelor** 90 mg BD for 12 months. **Aspirin** 75 mg OD alone thereafter.

- **ACS undergoing coronary artery bypass grafting (CABG)**

**Aspirin** 75 mg OD + (**Ticagrelor** 90 mg BD or **Prasugrel\*** OD) until recommended duration of therapy is complete.

(**Clopidogrel** 75 mg OD should be prescribed if prasugrel or ticagrelor are unsuitable).

\*Prasugrel 10 mg daily (or 5 mg daily if the person weighs <60 kg, or if the person is >75 years old).

### **Percutaneous Coronary Intervention (PCI)**

- **PCI for people with ACS**

**Aspirin** 75 mg OD + (**Ticagrelor** 90 mg BD or **Prasugrel\*** OD) usually for 12 months however duration can be shorter or longer depending on patient factors.

(**Clopidogrel** 75 mg OD should be prescribed if prasugrel or ticagrelor are unsuitable).

- **PCI with stable coronary artery disease**

**Aspirin** 75 mg OD + **Clopidogrel** 75 mg OD usually for 6 months however duration can be shorter or longer depending on patient factors.

(**Ticagrelor** 90 mg BD or **Prasugrel\*** OD may be considered instead of clopidogrel as appropriate).

\*Prasugrel 10 mg daily (or 5 mg daily if the person weighs <60 kg, or if the person is >75 years old).

### **Peripheral Arterial Disease (PAD) & Multivascular Disease**

**Clopidogrel** 75 mg OD.

(**Aspirin** 75 mg OD if clopidogrel is unsuitable).

### **Stroke or TIA**

**Clopidogrel** 75 mg OD.

(**Modified-release dipyridamole** 200 mg BD + **Aspirin** 75 mg if clopidogrel is unsuitable).